



CLASS SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Saturday
8:30 am						Sparring
4 pm	Kids Kickboxing	Kids Kickboxing	Kids Kickboxing	Kids Kickboxing	Kids Kickboxing	
5 pm	Teens Kickboxing	Kids Kickboxing	Teens Kickboxing	Kids Kickboxing	Teens Kickboxing	
6 pm	Kickboxing	Sparring	Kickboxing	Advance / Fighters	Advance / Fighters	
7 pm	Advance / Fighters	Kickboxing	Advance / Fighters	Kickboxing		